DARSHAN ACADEMY MONTH WISE SYLLABUS – 2023-24 GRADE: I

SUBJECT: ENGLISH

MONTH	SYLLABUS	
APRIL	POEM: I Look In the Mirror	
	Picture Description	
MAY	Reader:	
	L-1 Good Morning, Mia and Mo	
	Seen Passage	
	Creative writing	
	Grammar: Naming words, Action words	
JULY	Reader:	
	L-2 Too big, Too small	
	Creative writing	
	Grammar: This/That, One- Many	
AUGUST	Reader:	
	L-3 Show and Tell	
	Creative writing	
	Picture Description	
	Poem: Back to School	
	Grammar: Compound words, Preposition, This/That/These/Those,	
	is/am/are + action words + ing	
SEPTEMBER	Revision	
	Reader:	
	L-4 Just Like Me	
	Comprehension passage	
	 Creative writing Grammar: Pronouns (He, She, It, I, We, You, They), Punctuation 	
OCTOBER	Reader:	
	L-5 Birdwatching with Granny	
	Creative writing	
	Grammar: One- Many, Describing words	
NOVEMBER	Grammar:	
	Opposites, Sentence	
	Poem: The Turtle	
	Picture Description	
	Comprehension passage	
DECEMBER	Reader:	
	L-6 Worlds Around Us	
	Creative writing	
	Picture Description	
	Comprehension passage	
	Grammar: A/An, Pronouns	

JANUARY	Reader:
	L-7 The Firefly
	L-8 Sonu's Guests
	 Creative writing
	Grammar:
	• 'ed' words, Past form, Using 'not', Opposites, Describing words
FEBRUARY	Revision

SUBJECT: ENGLISH (ENVIRONMENTAL COMPONENTS)

MONTH	SYLLABUS	
APRIL	L-1: All About Me	
	L-2: My Family	
MAY	• L-3: My Home	
JULY	L-4: My School	
	• L- 5: My Body	
AUGUST	L- 6: Health and Safety	
	• L- 7: Food We Eat	
SEPTEMBER	Revision	
	L- 8: Clothes We Wear	
OCTOBER	L- 9: Places in My Neighborhood	
	L- 10: People in My Neighborhood	
NOVEMBER	L- 11: Special days	
	L- 12: Time to Travel	
DECEMBER	L-13: Our Plant Friends	
	L- 14: Animals Around us	
JANUARY	L- 15: Air and Water	
	L- 16: Weather and Seasons	
	L- 17: Heavenly Bodies	
FEBRUARY	Revision	

SUBJECT: HINDI

MONTH	SYLLABUS	
APRIL	पाठ १: वर्णमाला	
	पाठ २: शब्द रचना	
	पाठ ३: " आ " की मात्रा (ा)	
MAY	पाठ ४: इ की मात्रा (ि)	
	पाठ ७: ई की मात्रा (ी)	
	पाठ ६: उ की मात्रा (ु)	
JULY	पाठ ७: ऊ की मात्रा (्)	
	पाठ ८: ऋ की मात्रा (ृ)	
	पाठ ९: ए की मात्रा (े)	
AUGUST	पाठ १०: ऐ की मात्रा (ै)	
	पाठ ११: ओ की मात्रा (ो)	
	पाठ १२: औ की मात्रा (ो)	
	पाठ १३:अं (ां),अँ ;ाँ),अ: (ांः)	

SEPTEMBER	• पुनरावृत्ति	
	पाठ १४ : र की मात्रा	
OCTOBER	पाठ १५: संयुक्त व्यंजन	
	पाठ १६: द्वित्व व्यंजन व संयुक्ताक्षर	
	पाठ १७: इ - ढ़, ज़ - फ़, ऑ (ॉ)	
NOVEMBER	पाठ १८: दस खड़ी	
	पाठ १९: मीठे बोल (कविता)	
	पाठ २० : माँ और मेघ (शब्द – चित्र कहानी)	
	पाठ २१ : खरगोश ने रंग लगाया (कहानी)	
DECEMBER	पाठ २२: आदत सुधर गई (कहानी)	
	पाठ २३: चिड़ियाघर (कविता)	
JANUARY	पाठ २४: गुलाब ने कहा (कहानी)	
	पाठ २५: बिल्ली और दिल्ली (कविता)	
	पाठ २६: कल वाली बात (कहानी)	
FEBRUARY	• पुनरावृत्ति	

SUBJECT: MATHEMATICS

MONTH	SYLLABUS	
APRIL	Unit 1: Shapes and Space	
MAY	• Unit 2: Numbers from 1 to 9	
JULY	Unit 3: Addition	
AUGUST	Unit 4: Subtraction	
	• Unit 5: Numbers from 10 to 20	
SEPTEMBER	Revision	
	• Unit 6: Time	
OCTOBER	Unit 7: Measurement	
	• Unit 8: Numbers from 21 to 50	
NOVEMBER	Unit 9: Data Handling	
DECEMBER	Unit 10: Patterns	
	• Unit 11: Numbers	
JANUARY	• Unit 12: Money	
	Unit 13: How Many	
FEBRUARY	Revision	

SUBJECT: SPIRITUAL CURRICULUM

MONTH	SYLLABUS	
APRIL	Meditation	
MAY	The Introspection Diary	
JULY	Nonviolence	
	Truthfulness	
AUGUST	Humility	
	Love for All and Love for God	
SEPTEMBER	Revision	
	Compassionate Diet	

OCTOBER	Personal Goal Setting
	Key Principles in Spirituality
NOVEMBER	The Role of a Spiritual Master
	Living a Spiritual Life in the Modern World
DECEMBER	Conflict Resolution
JANUARY	Selfless Service
FEBRUARY	Revision

SUBJECT: COMPUTER

MONTH	SYLLABUS	
APRIL	Computer—A Wonderful Machine	
MAY	Knowing a Computer	
JULY	Parts of a Computer	
AUGUST	The Keyboard and The Mouse	
SEPTEMBER	Introduction to Tux Paint	
OCTOBER	Introduction to Paint	
NOVEMBER	Reasoning and Critical Thinking	
DECEMBER	Introduction to Artificial Intelligence	
JANUARY	Reasoning and Critical Thinking	
FEBRUARY	Introduction to Artificial Intelligence	

SUBJECT: GENERAL KNOWLEDGE

MONTH	SYLLABUS	
APRIL	Drix does not remember	
	About me	
MAY	All about countries	
	Where is Scorch?	
JULY	What is around us?	
	Map of India	
	Quiz time	
	The Mystical tree	
AUGUST	Let us make a poster	
	Animals and their little ones	
	Circle the right baby animal	
	Help Panda	
	Mindful listening	
SEPTEMBER	Revision	
OCTOBER	All about colors	
	Colors and their meanings	
	Match colors and their meaning	
NOVEMBER	Make your own art.	
	Class activity	
	Help Felix	
DECEMBER	Personal Hygiene	
	Hygiene chart	
	The germs activity	

JANUARY	Germs are all around us	
	Wash hands to kill germs	
	How many times do you wash your hands?	
FEBRUARY	Revision	

SUBJECT: ART & CRAFT

MONTH	TOPIC	ACTIVITY
APRIL	House	Colouring
	Mountain	Colouring
	Camel	Finger Printing
	Scenery	Pattern designing
MAY	Elephant	Water colouring
	Duck & Duckling	Collage work
JULY	Lady bird	Dot painting
	Hut	Pencil shaving pasting
	Tree	Colouring
	Free hand drawing	Drawing & colouring
AUGUST	Sheep	Cotton pasting
	Birds	Thumb impression
	Balloon	Glitter pasting
	Birds	Spray painting
SEPTEMBER	Under water scene	Colouring
	Bouquet	Wax crayon painting
OCTOBER	Cat	Grid drawing
	Car	Collage work
	Hornbill	Dot painting
	Birds	Pattern making
NOVEMBER	Flowerpot	Colouring & finger printing
	Snake	Bindi pasting
	Alien	Paper cutting
	Cat	Sand paper colouring
DECEMBER	Garden	Water colouring
	Butterflies	Pattern designing
	Cow & calf	Finger printing
	Free hand drawing	Christmas scene
JANUARY	Alligator	Paper craft
	Mask	Paper craft
	Glider	Ice cream stick craft

FEBRUARY	Pigeon	Origami work
	Free hand drawing	Drawing & colouring
	Nature scene	Drawing & colouring

SUBJECT: MUSIC

MONTH	TOPIC	SONG/ ACTIVITY
APRIL	Alankar	Five notes (sa re ga ma pa)
MAY	Song	Song based on 5 notes only small interval (kabhi khushi k bhi gham, tara rum pum pum)
JULY	Hindi Song	Re ma re ma re, hum to gye bazaar me and nani teri morni
AUGUST	English Song	God's love is so wonderful
SEPTEMBER	Patriotic Song	Hum chote chote bche hai
OCTOBER	Mool Mantar	Ik onkar simran
NOVEMBER	Devotional Bhajan	Kabhi ram banke
DECEMBER	Christmas Carol	Jingle bell , chup hai chanda chu hai taare
JANUARY	English Song	We shall overcome
FEBURARY	Revision and practice	Full syllabus practice with presentation

SUBJECT: LIBRARY

MONTH	TOPIC	ACTIVITIES
APRIL	Library Orientation & Introduction International Book Day [23 rd April] Story Watching	 Introduction about Library, its role, policies, information about available reading resources, books, periodicals, circulation rules etc. Celebration of International Book Day Importance of books Watching stories on animals/birds, character building Discussion about watched stories
MAY	Connection development with the books International Book Day [23 rd April]	 Reading books based on different virtues Establish various connections Text to text Celebration of International Book Day Importance of books
JULY	Reading Books Magazine Reading	 Reading books from English Literature Section on Fairy tales, Moral Stories, Panchtantra tales Story telling from Children's World Magazine
AUGUST	Connection development with the books Freedom Fighter Memoir Week	 Reading books based on different virtues Establish various connections. Text to self Discussion about their favourite freedom fighters and making a collage for the same Story watching on freedom fighters.
SEPTEMBER	International Literacy Day- 8 th September Reading hours Creativity Work	 Role of school libraries in context to Literacy. Educational Story video will be shown to the kids Reading books on Fairy tales, Panchtantra tales, Dreamland stories Colouring of Story character

OCTOBER	Reading hours	Free choice to read books
		Watching Story on virtues
	Story Watching	Questioning
NOVEMBER	National Education Day-	Story Watching on Dr. A.P.J.Abdul Kalam
	[11 th Nov.]	 Celebration of National Children's/Library Week
		• Exhibition of books published by National Book Trust,
	National Book Week	Children's Book Trust
	-[14 th Nov20 th Nov.]	Selection of favorite stories and drawing of their
		favorite characters from story books
DECEMBER	Reading books	Reading books from Hindi Literature Section - Vikas
		Stories & NBT publication
	Discussion & Questioning	Discussions about the main characters given in the
		books
		Story watching on Santa Claus.
JANUARY	Connection development	 Reading books based on different virtues
	with the books	Establish various connections
	Book Talk	Text to World
	Story Triangle	Book Talk on books published by NBT publication
		Story Triangle Activity will be conducted in the class
FEBRUARY-	Kirpal Week Celebration	Story watching on Love and Kindness
MARCH		• Exhibition of books written by Sant Kirpal Singh Ji,
		Sant Sawan Singh Ji, Sant Darshan Singh Ji, Sant
		Rajinder Singh Ji
	Reading books	Book – Donation Drive
		Collage work on pictures about Love and Kindness
	Newspaper Reading	using books/magazines
		Reading Newspaper
		Sharing news on act of love and kindness

SUBJECT: PHYSICAL EDUCATION

MONTH	TOPIC AND TIME	LEARNING OBJECTIVES	MATERIAL REQUIRED	ACTIVITIES
APRIL	Walk on Toe & Heels	Students will be able to: - develop agility, Balance, Coordination, - know different Shapes through walk	Lime Powder, Rope, Cone, Marker	Zig Zag Walk, Square Walk, Triangle Walk
	Animal Walk	develop agility, balance,Coordinationknow about Animal Walk	Lime Powder	Kangaroo Walk, Frog Jump, Elephant Walk, Duck Walk
	Relay Race	- develop muscular endurance, Team Spirit, Speed	Bean Bag, Ball, Marker, Cone	Bean Bag Relay, ball relay, Clap relay With Elbows, With Knees, With Stomach
MAY	Ball Handling	-develop agility, balance, Coordination, Improve Arm & Leg Strength	Lime Powder, Ball	With Elbows, With Knees, With Stomach
	Throw Game	-learn throw in grand catching skills, team sprit	Bean Bag, Ball	Ball throw, Bean Bag Throw

	Traffic Light	-develop agility, balance, Coordination, - learn different directions		Run in Circle, Jump in Right, Jump in Left.
JULY	Minor Game	-develop agility, balance, coordination	Lion Mask, Goat Mask	The lion & The goat
	Athletics	- improve running jumping Hopping skills	Lime Powder	Running, Jumping, Hopping
	Walk on toe & Heels	-develop agility, balance, coordination -know different shapes through walking	Lime Powder, Rope, Cone, Marker	Zig Zag Walk, Square Walk, Triangle Walk
AUGUST	Obstacle Relay		Beanbag, ball, marker one, ring	Using different object
	Whistle Stop	-develop muscular, strength, balance concentration	Whistle	Running & balancing game
SEPTEMBER	Animal walk	-develop agility, balance, coordination - know about animal walk	Lime powder	Kangaroo Walk, Frog Jump, Elephant Walk, Duck Walk
	Target Practice	-	Bean Bag, Ball, Marker, Cone, Ring	Using Different Object
	Aerobics	- develop, Flexibility, Balance, Muscular Strength	Music System	Pre-Aerobics Fun
OCTOBER	Basket Ball	Students will be able to develop balance, coordination, dribbling skills.	BasketBall	Dribbling
	Physical Exercise	develop muscular strength, Balance and concentration	Mats	Mass PT
	Ball Handling	 develop agility, balance, coordination, improve arm and leg strength 	Lime Powder, Ball	With Elbows, with knees, with stomach
NOVEMBER	Throw Game	- Learn throwing and catching	Bean Bag, Ball	Ball throw, Bean Bag Throw
	Yoga	 develop muscular Strength, balance, Concentration & flexibility 	Mats	Tadasan, Varjasan, Pachimotan Asan, Padmasan,
DECEMBER	Athletic	- develop muscular strength & Speed	Marker, Cone	50 Mt. Sprint
	Relay Race	- develop muscular endurance, Team Spirit, Speed	Bean Bag, Ball, Marker, Cone	Bean Bag Relay, Ball Relay, Clap relay with Elbows, With knees, With Stomach

JANUARY	Parachute Games	Students will be able to develop muscular strength, balance & concentration	Parachute, Ball	Up & Down Twisting, Roller Ball, Floating the Shoot
FEBRUARY	Jumping	- flexibility, balance, muscular strength	Rope, Marker, Cone	Jumping for Length Jumping for Height
	Minor Game	- flexibility balance & throwing skills	Lime Powder & Ball	Dodge Ball
MARCH	Hopping	- develop agility, balance and Coordination.	Marker, Cone	Hopping One Leg Hopping Both Leg Hopping Relay
	Stretching Exercise	muscular endurance, team spirit, Speedflexibility, Balance, and muscular strength	Marker, Cone, Lemon, Spoon	Upper Arm, Shoulder, Hip Flexural Exercise, Hamstring & Calf Stretch

ASSESSMENT WISE SYLLABUS – 2023-24

ASSESSMENT I: 8TH JULY TO 15TH JULY 2023

SUBJECTS	SYLLABUS	
ENGLISH	Poem: I Look In the Mirror	
	Reader:	
	L-1 Good Morning, Mia and Mo	
	Seen Passage	
	Picture Description	
	Creative writing	
	Grammar:	
	Naming words, Action words	
HINDI	पाठ १ : वर्णमाला	
	पाठ २: शब्द रचना	
	पाठ ३ : " आ " की मात्रा (ा)	
	पाठ ४ : इ की मात्रा (ि)	
	पाठ ५ : ई की मात्रा (ी)	
	पाठ ६ : उ की मात्रा (ु)	
MATHEMATICS	UNIT 1: Shapes and Space	
	UNIT 2: Numbers from 1to 9	
ENGLISH (ENVIRONMENTAL	TAL L-1: All About Me	
COMPONENTS)	L-2: My Family	
	L-3: My Home	

ASSESSMENT II: 9TH SEPTEMBER TO 22TH SEPTEMBER 2023

SUBJECTS	SYLLABUS
ENGLISH	Reader:
	L-2 Too big, Too small
	L-3 Show and Tell
	Poem: Back To School
	Comprehension passage

	Picture Description
	Creative writing
	Grammar:
	This/That, One- Many
	Compound words, Preposition, This/That/These/Those, is/am/are + action
	words + ing
HINDI	• पाठ ७ : ऊ की मात्रा (ू)
	• पाठ ८ : ऋ की मात्रा (ृ)
	• पाठ ९ : ए की मात्रा (े)
	• पाठ १० : ऐ की मात्रा (ै)
	• पाठ ११ : ओ की मात्रा (ो)
	• पाठ १२ : औ की मात्रा (ो)
	• पाठ १३:अं (ां),अँ (ाँ),अ: (ाः)
MATHEMATICS	UNIT 3: Addition
	UNIT4: Subtraction
	UNIT 5: Numbers from 10 to 20
ENGLISH (ENVIRONMENTAL	L-4: My School
COMPONENTS)	• L-5: My Body
	L-6: Health and Safety
	• L-7: Food we Eat
SPIRITUAL CURRICULUM	Meditation
	Introspection Diary
	Non-violence
	Truthfulness
	Humility
	Love for all and Love for God
GENERAL KNOWLEDGE	Drix does not remember
	About me
	All about countries
	Where is Scorch?
	What is around us? Along of ladding.
	Map of IndiaQuiz time
	The Mystical tree
	Let us make a poster
	Animals and their little ones
	Circle the right baby animal
	Help Panda
	Mindful listening
COMPUTER	Computer—A Wonderful Machine
	Knowing a Computer
	Parts of a Computer

The Keyboard and The Mouse	
Introduction to Tux Paint	

ASSESSMENT III: 2nd DECEMBER TO 9TH DECEMBER 2023

SUBJECTS	SYLLABUS
ENGLISH	Reader: L-4 Just Like Me L-5 Birdwatching with Granny Poem: The Turtle
HINDI	 पाठ १४ : र की मात्रा पाठ १५ : संयुक्त व्यंजन पाठ १६ : द्वित्व व्यंजन व संयुक्ताक्षर पाठ १७ : इ - ढ़ , ज़ – फ़ , ऑ (ॉ) पाठ १८ : दसखड़ी पाठ १९ : मीठे बोल (कविता) पाठ २० : माँ और मेघ (शब्द - चित्र कहानी) पाठ २१ : खरगोश ने रंग लगाया (कहानी)
MATHEMATICS	 UNIT 6: Time UNIT 7: Measurement UNIT 8: Numbers from 21 to 50 UNIT 9: Data Handling
ENGLISH (ENVIRONMENTAL COMPONENTS)	 L-8: Clothes we Wear L-9: Places in My Neighbourhood L-10: People in My Neighbourhood L-11: Special Days L-12: Time to Travel

ASSESSMENT- IV: 6TH MARCH TO 18TH MARCH 2023

SUBJECTS	SYLLABUS
ENGLISH	Reader:
	L-6 Worlds Around Us
	L-7 The Firefly
	L-8 Sonu's Guests
	Comprehension passage
	Picture Description
	Creative writing
	Grammar:
	A/An, Pronouns, 'ed' words, Past form, Using 'not', Opposites, Describing words

1	1
HINDI	•पाठ २२ : आदत सुधर गई (कहानी)
	• पाठ २३ : चिड़ियाघर (कविता)
	• पाठ २४ : गुलाब ने कहा (कहानी)
	•पाठ २५ : बिल्ली और दिल्ली (कविता)
	•पाठ २६ : कल वाली बात (कहानी)
MATHEMATICS	UNIT 10: Patterns
	UNIT 11: Numbers
	UNIT 12: Money
	UNIT 13: How Many?
ENGLISH (ENVIRONMENTAL	L-13: Our Plant Friends
COMPONENTS)	L-14: Animals Around Us
	L-15: Air and Water
	L-16: Weather and Seasons
	L-17: Heavenly Bodies
SPIRITUAL CURRICULUM	Compassionate Diet
	Personal Goal Setting
	The Role of a Spiritual Master
	Conflict Resolution
	Selfless Service
	Key Principles in spirituality Living a political life in the Madage would
	Living a spiritual life in the Modern world
GENERAL KNOWLEDGE	All about colors
	Colors and their meanings
	Match colors and their meaning
	Make your own art
	• Class activity
	Help Felix
	Personal Hygiene Hygiene about
	Hygiene chartThe germs activity
	Germs are all around us
	Wash hands to kill germs
	How many times do you wash your hands?
COMPUTER	•Introduction to Paint
	Reasoning and Critical Thinking
	•Introduction to Artificial Intelligence
	Reasoning and Critical Thinking
	•Introduction to Artificial Intelligence