

DARSHAN ACADEMY

HOLIDAY HOMEWORK: 2022-23

GRADE : U.K.G.



NAME: _____

ROLL NO. : _____

Summer Ideas to enhance Your Child's Abilities

Dear Parents

As a healthy mind lives in a healthy body, it is advisable to start your day early and set a routine even during summer vacation. In addition, you and your little one can spend some quality time playing or simply making normal conversation for strong bonding and go cycling and swimming to remain fit and active. This kind of bonding enables you to explore your child's creativity and take care of your child's physical, social, and emotional needs.

Story Time: It would be in the interest of your child if you read books to your child, look at story books together, invite your child to talk about the story, and ask questions such as "What did you like about the story? Who was your favourite character? How would you have reacted in this situation? What do you think happens next? Does the story remind you of something you have experienced, or of any another story you know?" Reading to your child helps develop language skills.

Creative Time: It is desirable to keep a box of art materials for your child like play dough, colors, glue, child's scissors, colored paper, stickers, etc., and let your child enjoy creating pictures and artwork.

Singing Songs: It would be appreciable if you listen to rhymes and songs and sing together. Finger games and rhymes with action are fun to learn.

Encourage practical life activities: Involving your child in tying laces, buttoning a shirt, pouring water from a jug into a cup, etc., adds a new dimension to your child's life activities.

Writing: You may give your child an empty notebook/scrapbook, child's scissors, glue, pencils, old magazines, and colours to create mini books. The topic could be "Animals" or "My Pictures/Photos", which may be pasted in the notebook.

If a birthday is coming up, you may let your child create birthday cards to give away and help write postcards or messages to a friend or a relative. A small slate and chalk can be used by your child to have fun writing letters and numbers and creating own artwork.

DATE: _____

FUN SHEET 1

1,2,3,4,
Let's learn the rhymes below:

Instructions:

Go and stand in front of a mirror. Recite the rhyme which is mentioned below:

In Summer

by Liana Mahoney

Pour on lotion,
Rub it in.
Perfect for
My summer skin.

On my bike
Or in the pool,
A sip of water
Keeps me cool.

Shades are on,
Flip-flops, too.
In summer there's
So much to do!



Roll and Read I

Sight Words

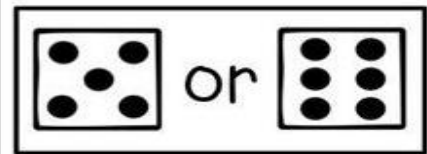
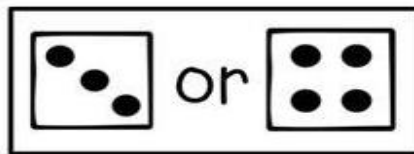
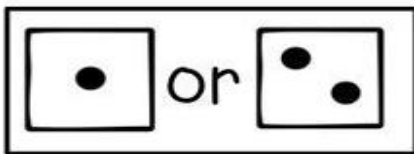


Directions: Roll the dice, read and check off a word in the column.




- for
- was
- he
- it
- that
- you
- is
- in
- to
- a
- and
- of
- the

- or
- from
- have
- this
- be
- at
- I
- they
- his
- with
- as
- are
- on

- can
- your
- when
- we
- were
- all
- what
- not
- but
- words
- by
- had
- one



Let's carefully draw the appropriate shapes in the boxes

5	6	7	8
+			

5	7	6	8	7

6	8	7	5	8

7	5	6	7	8

8	7	5	6	5

DAD: A SON'S FIRST HERO AND A DAUGHTER'S FIRST LOVE

This father's day makes your father feel special by making this simple yet beautiful card for your father.



FUEL YOUR SUPER SMILE!

A Super Smile depends on good nutrition! Draw a line from the food items to their proper place on the plate.

For a super smile remember to limit sweets, soda and fats. Choose whole grains and lean proteins. And eat all the colors of the rainbow!



The plate is divided into five sections:

- FRUITS**
- GRAINS**
- VEGETABLES**
- PROTEINS**
- DAIRY**

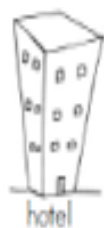
Food items scattered around the plate include:

- Apple, banana, grapes, orange, pineapple, watermelon slices, kiwi, strawberries, blueberries, peach, pear, kiwi, carrot, corn, broccoli, cauliflower, bell pepper, cucumber, tomato, lettuce, spinach, mushroom, onion, garlic, potato, sweet potato, pumpkin, squash, zucchini, eggplant, egg, chicken, turkey, beef, pork, fish, shrimp, nuts, seeds, peanut butter, bread, pasta, rice, cereal, oatmeal, yogurt, milk, cheese, butter, margarine, oil, vinegar, lemon juice, lime juice, ketchup, mustard, mayonnaise, jam, honey, sugar, salt, pepper, herbs, spices, etc.

I Wonder...

Discuss these questions and circle/color the answer or write it if its different.

Where will we stay?



hotel



ship



house



cabin



camper



tent

How will we get there?



airplane



car/van



train



bus

Who is going with me?

Draw the faces of the people going on vacation with you. Label the faces with their names.

